

Farzad R. Nahai, M.D.
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Atlanta, GA 30327
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Education and Training

- 2004 – 2005 Oculoplastic and Aesthetic Fellowship
Paces Plastic Surgery
Atlanta, GA
- 2004 – 2005 Craniofacial Fellowship
Scottish Rite Children’s Hospital
Atlanta, GA
- 2002 – 2004 Plastic Surgery Residency
University of California, San Francisco
- 1996 – 2001 General Surgery Residency (5yr. Categorical)
Emory University Hospitals
- 1992 – 1996 Medical School
Emory University School of Medicine
- 1988 – 1992 Undergraduate Degree
Emory University
Summa Cum Laude
B.S. in Psychology
- 1984 – 1988 High School
Westminster High School
Atlanta, GA

Current Employment

Paces Plastic Surgery
3200 Downwood Circle, suite 640
Atlanta, GA 30327

Academic Appointment

2005-present Clinical Assistant Professor of Plastic Surgery at Emory University SOM

Current Hospital Privileges

Piedmont Hospital

Northside Hospital

Professional Memberships

American Society of Plastic Surgeons; Member (# upon request)

American Society for Aesthetic Plastic Surgery Candidate Group

Rhinoplasty Society (elected 2010)

State of Georgia medical license (# upon request)

Clinical Research

2010 Industry supported and IRB approved clinical research study comparing the harmonic scalpel to electrosurgery in aesthetic eyelid surgery.

2009 Efficacy of Evolence in correcting tear trough deformity.

2008 Retrospective review of sub-platysmal aesthetic neck procedures. Presented as a scientific abstract at ASAPS.

2007 Retrospective review of eyelid procedures and complication rates related to septal injury and fat manipulation. Presented as a scientific abstract at ASAPS.

2006 Retrospective review of the use of Enduragen as a spacer graft in eyelid surgery. Published in PRS.

Experience

January 2010 Completed Mastering the Art of Preceptorship training, Cincinnati, OH

- Fall 2009 Georgia State representative for Southeastern Advocacy Fly-In to Washington, DC
- Spring 2009 Live Injection Demonstration, Medical Aesthetic Meeting, Atlanta, GA
- 2008-present Clinical Instructor for Harmonic Scalpel
- 2008-present Clinical investigator with IRB for 410 silicone gel breast implants
- 2008-2009 Star Evolence Trainer
- Fall 2008 Principle director and organizer for ACMF Craniofacial Trauma meeting in Atlanta, GA October 2008 (CME accredited for 7.5 category 1 credits)
- Summer 2007 Clinical investigator for GFX in preparation for FDA approval
- Spring 2007- Winter 2009 Clinical investigator with IRB for post gel implant approval study
- Fall 2006 Organize and volunteer medical mission to KCMC hospital in Moshi, Tanzania including establishment as a 501(c)(3) non-profit project
- Summer 2006 Co-director of trauma meeting titled “Current Concepts in the Management of Craniomaxillofacial Trauma”, held in Atlanta, GA. (CME accredited for 8 category 1 credits)
- Spring 2005 Volunteer medical mission to San Salvador, El Salvador through Children’s Cross Care International
- 2001-2002 Practiced general surgery for one year for the Indian Health Service and the Navajo Nation in Shiprock, New Mexico.
- 1997-2000 Fight doctor for Atlanta fight night fund raiser and Friday night fights. Responsible for pre fight physicals and rendering care during and after bouts.

Committee Memberships

- 2007-present ASPS YPS steering committee member and Advocacy co-chair (active)
- 2006-present ASAPS public education committee member (active)

2005-present Member of the Medical Alumni Board, Emory University School of Medicine (active)

Editorial Responsibilities

2009-present Co-editor of YPS Perspective published within Plastic Surgery News

2008-present Reviewer for Annals of Plastic Surgery

2008-present Reviewer for Aesthetic Surgery Journal

2006-present Reviewer for Aesthetic Plastic Surgery

Awards

Outstanding Paper Presentation for A Comparison of the Harmonic Synergy Curved Blade and Electrosurgery in Aesthetic Eyelid Surgery: A Prospective, Randomized, Controlled, Double Blinded, Split Face Study, ASPS Plastic Surgery 2010, Toronto, CN.

Tiffany Award for The Mattress Suture: Controlling the Curvature and Length of Nasal Cartilage and Struts, 2005 ASAPPS meeting.

Best Scientific Paper at the California Society of Plastic Surgeons for The Mattress Suture: Controlling the Curvature and Length of Nasal Cartilage and Struts, 2005.

THANKS Star Award; presented by UCSF medical center for an exceptional contribution to patient care, Spring 2004

Excellent Teaching Resident Award; Emory University; Academic year 1998-99.

Presentations

October 2010: Plastic Surgery 2010 in Toronto, CN. “A Split Face Study of Harmonic versus Electrosurgery in Cosmetic Eyelid Surgery” and “Update and Current Trends in Facial Rejuvenation”

May 2010: 10th Congress of The Serbian Society for Plastic, Reconstructive, and Aesthetic Surgery, Belgrade, Serbia. “Planing for Rhinoplasty”, “Use of the Harmonic Scalpel in Breast Surgery”, “Managing Eyelid Complications”, “Eyelid fat Management and Occurrence of Lid Malposition”.

March 2010: Atlanta Medical Aesthetic Meeting, “Management of Post Blepharoplasty Complications” and “Lower Lid Fat Management and Lid Retraction, A Review of over 500 Cases”

January 2010: Atlanta Breast Symposium, “Capsular Breast Surgery Under Local Anesthetic and IV Sedation Using the Harmonic Scalpel”

April 2009: Atlanta Medical Aesthetic Meeting, “Afferent Nerve Ablation Using RF Energy, Current Thoughts”

April 2009: Atlanta Medical Aesthetic Meeting, “A New Cross Linked Collagen Facial Filler: Evolence”

March 2009: Dallas Cosmetic Surgery Symposium, “Harmonic Technology for Aesthetic Surgery of the Face and Body”

January 2009: Atlanta Breast Meeting, “Augmentation Mastopexy; Keeping it Safe”

October 2008: Atlanta ACMF Craniofacial Trauma meeting, “Management of Orbital and Zygomatic Fractures Through a Single Approach”

October 2008: Atlanta ACMF Craniofacial Trauma meeting, “Secondary Procedures in Facial Trauma and Management of Ectropion”

September 2008: QMP Aesthetic Meeting, “Glabellar Functional Anatomy and Afferent Nerve Ablation: Where Are We Now?”. Chicago, IL.

March 2008: ASAPS teaching course, Oculoplastic Surgery for the Plastic Surgeon, San Diego, CA.

January 2008: Atlanta Breast Meeting, “Management of Gynecomastia”

December 2007: QMP Aesthetic surgery meeting, 1)Anatomy of the Orbit and Peri-orbital area; 2)Initial Experience with GFX. Chicago, IL.

October 2007: ASPS, “Fresh Faces Panel”; presenter and panelist.

March 2007: ASAPS teaching course, Oculoplastic Surgery for the Plastic Surgeon, New York, NY.

November 2006: Oral Presentation of *Craniofacial Team and the Initial Visit* at 18th Annual Cleft Lip and Palate Symposium in Atlanta, GA.

April 2006: “Procedures in the Sub-Platysmal Space: A review of 100 cases”, presented at main scientific session of ASAPS meeting in Orlando, Florida.

February 2006: Oral Presentation of *Use of Enduragen in the Difficult Eyelid; A Review of 95 Cases* at the 6th biannual UCSF Reunion Symposium on Plastic Surgery in San Francisco, CA.

November 2005: Oral Presentation of *Craniofacial Team and the Initial Visit* at 18th Annual Cleft Lip and Palate Symposium in Atlanta, GA.

November 2005: Oral Presentation of *Facial Retaining Ligaments and Adhesions* at QMP Aesthetic meeting in St. Louis.

Spring 2005: Oral presentation of *Lower Lid Blepharoplasty: Management of Periorbital Fat and its Relationship to Post-Operative Lid Retraction: A review of 400 cases* at ASAPS meeting in New Orleans.

Spring 2004: Oral presentation of *Supra-Zygomatic SMAS Rhytidectomy* at ASAPS meeting in Vancouver, CA.

Spring 2004: Oral presentation of *Controlling the Curvature of Nasal Cartilage: The Mattress Suture* at Senior Residents Conference in Milwaukee, Wisconsin.

Spring 1996: Oral presentation of *The Tensor Fascia Lata Free Flap In Abdominal-Wall Reconstruction* at the 12th Symposium, International Society of Reconstructive Microsurgery, February 1996.

CME Accredited Meetings Attended

March 2011: Atlanta Medical Aesthetic Meeting, Atlanta, GA

January 2011: Atlanta Breast Meeting, Atlanta, GA

October 2010: ASPS Plastic Surgery 2010, Toronto, CN

May 2010: 10th Congress of the Serbian Society for Plastic, Reconstructive, and Aesthetic Surgery, Belgrade, Serbia.

January 2010: IMACS, Paris, FR

January 2010: Atlanta Breast Meeting, Atlanta, GA

April 2009: Medical Aesthetic meeting, Atlanta, GA

Spring 2009: ASAPS national meeting in Las Vegas, NV

Spring 2009: Dallas Cosmetic Surgery Symposium

Spring 2009: Dallas Rhinoplasty Symposium

January 2009: Atlanta Breast Symposium

January 2009: The Oculoplastic Symposium, Atlanta, GA

Fall 2008: ASPS national meeting in Chicago, IL

Fall 2008: QMP Aesthetic Meeting in Chicago, IL

Fall 2008: ACMF Craniomaxillofacial Trauma Course in Atlanta, GA

Spring 2008: ASAPS meeting in San Diego, CA

January 2008: The Atlanta Breast Meeting

January 2008: The Oculoplastic Symposium, Atlanta, GA

Fall 2007: ASPS meeting in Baltimore, MD

Fall 2007: QMP aesthetic meeting in St. Louis, MO

Spring 2007: ASAPS meeting in New York, NY

January 2007: Atlanta Breast Symposium

March 2006: American Society for Aesthetic Plastic Surgery in New York, NY.

February 2006: UCSF Reunion Symposium on Plastic Surgery in San Francisco, CA.

February 2006: Baker Gordon Symposium on Aesthetic Surgery in Miami, FL.

January 2006: Atlanta Breast Symposium.

November 2005: 18th Annual Cleft Lip and Palate Symposium in Atlanta, GA.

October 2005: QMP Aesthetic Symposium in St. Louis, MO

August 2005: Georgia Society of Plastic Surgeons in Atlanta, GA.

April 2005: ASAPS meeting in New Orleans, LA.

Jan 2005: 21st Atlanta Breast Symposium.

Summer 2004: 17th annual Cleft lip and Palate Symposium in Atlanta, GA.

Spring 2004: ASAPS meeting in Vancouver, CA

Spring 2004: Senior Resident's Conference in Milwaukee, WI

Winter 2004: ACMF course on craniofacial trauma in Sonoma, CA

Spring 2003: ASMS course on maxillofacial surgery in Florida

Spring 1996: 12th Symposium, International Society of Reconstructive Microsurgery in Singapore

Publications

Nahai, FR and Nahai, F; co-editors "Minimally Invasive Facial Rejuvenation" in Techniques in Aesthetic Plastic Surgery; Elsevier, 2009.

McCord, CM, **Nahai, FR** et al; Use of Porcine Acellular Dermal Matrix (Enduragen®) Grafts in Eyelids: a Review of 69 Patients, 129 Eyelids. Plastic and Reconstructive Surgery October 2008

Nahai, FR and Nahai, F; MOC-PS CME: Breast Reduction; Plastic and Reconstructive Surgery Supplement January 2008.

Nahai FR and Codner MA. Aesthetic and Reconstructive Breast Surgery; *Atlanta Medicine* 79(3): 2006.

Nahai FR, Nahai F. Discussion of; *An uncommon complication of secondary augmentation mammoplasty*, Aesthetic Plast Surg. 2005 Jul-Aug;29(4):280.

Bud Alpert and **Farzad R Nahai**. Supra-Zygomatic SMAS Rhytidectomy. Presented at ASAPS Vancouver meeting 2004. Manuscript to be submitted for publication.

Gruber, Ronald P. M.D.; **Nahai, Farzad M.D.**; Bogdan, Michael A. M.D.; Friedman, Gary D. M.D. Changing the Convexity and Concavity of Nasal Cartilages and Cartilage Grafts with Horizontal Mattress Sutures: Part I. Experimental Results. *Plas Recon Surg* 2005 Feb; 115(2), 598-594.

Gruber, Ronald P. M.D.; **Nahai, Farzad M.D.**; Bogdan, Michael A. M.D.; Friedman, Gary D. M.D. Changing the Convexity and Concavity of Nasal Cartilages and Cartilage Grafts with Horizontal Mattress Sutures: Part II. Clinical Results. *Plas Recon Surg* 2005 Feb; 115(2), 595-606.

Busfield BT, Huffman GR, Nahai FR, Hoffman W, Ries MD. Extended medial gastrocnemius rotational flap for treatment of chronic knee extensor mechanism deficiency in patients with and without total knee arthroplasty. *Clin Orthop*. 2004 Nov;(428):190-7.

Gruber, Ronald P. and **Nahai, Farzad R**. Brow or Forehead Fixation with Sutures Only: A Preliminary Communication. *Aesth. Plast. Surg.* 27:403-405, 2003.

Edwards, D.A., **Nahai, F.R.**, Wright, P. Pathways Linking the Olfactory Bulbs With the Medial Preoptic Anterior Hypothalamus Are Important for Intermale Aggression in Mice. *Physiology and Behavior*, Vol. 53, pp. 611-615, 1993

Book Chapters

Nahai, FR, Williams, JK, Burstein, FD; “Long term management of cleft lip and palate” *Seminars in Plastic Surgery*. 2005.

Nahai F, **Nahai FR**; “Anatomy of the Forehead and Brow” ” in *The Art of Aesthetic Surgery*, F Nahai.

Nahai FR, Hoffman WH; “Photography and Plastic Surgery” in *The Art of Aesthetic Surgery*, F Nahai.

Rosenfeld, L, Gradinger, G, **Nahai, FR**; “Abdominoplasty” in *The Art of Aesthetic Surgery*, F Nahai.

Local Lectures

January 2011: “Introduction to Rhinoplasty, Planning and Analysis”, Emory Plastic Surgery Teaching Rounds

July 2009: “Basic Photography for the Plastic Surgeon”, presented at the Emory Plastic Surgery Teaching Rounds

April 2009: “Introduction to Harmonic Scalpel”, presented at the Emory Plastic Surgery Teaching Rounds

July 2008: “Basic Photography for the Plastic Surgeon”, presented at the Emory Plastic Surgery Teaching Rounds

June 2007: Rhinoplasty II: Advanced Rhinoplasty Grafting and Secondary Rhinoplasty. presented at the Emory Plastic Surgery Teaching Rounds

May 2007; Rhinoplasty I: Introduction to Rhinoplasty. presented at the Emory Plastic Surgery Teaching Rounds

August 2006: “Basic Photography for the Plastic Surgeon”, presented at the Emory Plastic Surgery Teaching Rounds

February 2006: “Aesthetic Neck Surgery”, presented at the Emory Plastic Surgery Teaching Rounds

August 2005: “Basic Photography for the Plastic Surgeon”, presented at the Emory Plastic Surgery Teaching Rounds

February 2005: “What You Need to Know about Plastic Surgery”, presented at Bonnie White.

January 2005: “Non-syndromic Craniosynostoses”, presented at the Emory Plastic Surgery Teaching Rounds.

June 2004: “Most Interesting Cases of Residency”, presented at UCSF Plastic Surgery Grand Rounds.

March 2004: Interesting Cases Conference, UCSF Plastic Surgery Grand Rounds.

January 2004: Complications following Breast Reduction, presented at UCSF General Surgery Grand Rounds

May 2003: Interesting Cases Conference, UCSF Plastic Surgery Grand Rounds.

December 2003: “Fractures of the Hand”, UCSF Hand Conference.

October 2003: Interesting Cases Conference, UCSF Plastic Surgery Grand Rounds.

December 2002: “Compression Neuropathies of the Upper Extremity”, UCSF Hand Conference.

September 2002: Interesting Cases Conference, UCSF Plastic Surgery Grand Rounds.

Interests

Mountain/road biking, kung fu, hiking, rock climbing, motorcycles, traveling.